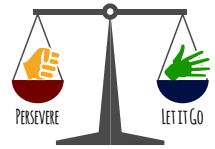


THE BALANCE CHALLENGE

Persevere ~ Let it Go



Write two benefits of **perseverance**:



+

+

Write two benefits of **letting it go**:



+

+

Write two drawbacks of **only persevering**:



x

x

Write two drawbacks of **only letting it go**:



x

x

Think of a time when you were faced with the choice of **persevering** or **letting it go**.

Write a short summary of what happened and how you responded.

Draw a vertical line where you were along the **perseverance ~ letting it go** continuum:



persevere

let it go

Draw a vertical line where it may have helped to be along the continuum:



persevere

let it go

Describe the difference. What could you have done differently? How might it have led to a better outcome?
